

# Julia M. Winston



*Speaker, Leadership Development Coach*

Julia delivers heart-felt, energetic, informative presentations that shifts mindsets and inspires your audience to action.

Julia Winston is an award winning speaker, Certified Executive Coach, and CEO of Brave Communication LLC--a leadership development and executive coaching firm that specializes in teaching the communication and leadership skills needed to have the career of your dreams.

**As Seen In..**

**Forbes** HUFFPOST



**BUSTLE**

Speaking topics include:

## **From Reluctant to Ready**

Embracing Your Call To Lead In Life And Work

## **Position Yourself for Promotion**

What's *Really* Required To Advance Your Career

## **Fear Means Go**

How To Leverage Fear And Find The Courage To Dream Big!

*"Julia expertly customizes her presentations to the audience and subject matter, drawing upon her wealth of knowledge and experience. And she's engaging, energetic, and doesn't hesitate to tackle real-world issues head-on.."*

~Laura Antonow,

*"Julia showed me that so much could be accomplished just by a change of mindset. It was exactly the jumpstart I needed."*

~Alexis Mandarakis,

### **BOOKING INFORMATION:**

**Breakout Session Speaker** \$1500

**Keynote Speaker** \$2000

**Keynote & Breakout Combo (up to 4hrs)** \$2500

*(Reservation deposit required)*

*Transportation, round trip airfare (from Memphis TN), hotel accommodations required for booking.*

## **BOOK JULIA NOW!**

### **CONTACT INFORMATION:**

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# Julia M. Winston, M. Ed.



Julia Winston is the CEO and Executive Coach at BRAVE Communication LLC. BRAVE is Oxford Mississippi's premier executive coaching and leadership development firm giving leaders the skillset and mindset to attain the purpose driven careers they are called to lead.

Julia has done leadership development and coaching work for individuals and organizations such as GE, Chick-Fil-A, The City of Oxford, American Association of University Women, US Department of Agriculture, Fisk University, and Baptist Hospital Memphis.

Julia is a member of the Forbes Coaches Council. She holds two coaching certifications from the World Coaching Institute. She also has a Master's Degree in Human Resource Development from Xavier University. She is an award winning speaker and trainer.

For a decade, Julia has been giving leaders the communication, leadership, and confidence tools to drive their careers, be more satisfied at work, have healthy working relationships, and see results.

## BOOK JULIA NOW!



Presentation topics included:

### **Get More Done, Have More peace, Lead More Confidently**

This workshop explains why traditional productivity tools won't work unless you do this 1 thing.

### **How to Have Difficult Conversations at Work...Without It Being Difficult**

This workshop gives the mindset and practical tools to have conversations that are emotionally hard to handle.

### **How to Find, Keep, and Spread Motivation When You Have None**

This workshop goes above basic employee motivation tips to showcase the process necessary.

### **Position Yourself for Promotion**

The 7 things necessary to step up into your next career level.

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